

Elizabeth Ford

1909 Waterfront Place, Apt. 245
Pittsburgh, PA 15222
E-mail address: Eaford93@gmail.com
Phone: (609)556-0494

EMPLOYMENT

- 2026 Sprains, Strains and Fractures**
 - Cherry Hill, NJ
 - Sewell, NJ
 **** Start Date: September 8, 2026**
- 2026 Regenerative Health and Wellness Center**
 - Voorhees, NJ
 **** Start Date: September 8, 2026**

TRAINING

Fellowship: Allegheny General Hospital Network: Orthopedic Sports Medicine
July 2025 – July 2026

- Specialty Training in Sports Preservation and Restoration including:
 - Hip Arthroscopy
 - Cartilage Restoration
 - Open Shoulder (Total Shoulder, Reverse Shoulder, Laterjet)
 - ACL Reconstruction and Restoration
 - Shoulder Instability and Soft Tissue Repair

Residency: Inspira Health Network
July 2021-June 2025
Vineland, New Jersey

EDUCATION

Rowan University School of Osteopathic Medicine, Stratford, NJ
Doctorate of Osteopathic Medicine
May 2020

Rowan University, Glassboro, NJ
Bachelor of Arts in Exercise Science; Health Promotion and Fitness Management,
December 2014

Mercer County Community College, West Windsor, NJ
Associates of Arts in Exercise Science; May 2013

CERTIFICATIONS

National Board of Osteopathic Medical Examiners
COMLEX Level 1, June 2018 - Pass

COMLEX Level II, July 2019 —Pass
COMLEX Level III, October 2020 - Pass

American Heart Association

Basic Life Support for Healthcare Providers, 2024

Advanced Life Support for Healthcare Providers, 2024

HONORS AND AWARDS

2024-25	Presidents Award Recipient (Resident of the Year) - Inspira Health Network
2024	Outstanding Research Resident of the Year - Inspira Health Network
2023	Outstanding Research Resident of the Year - Inspira Health Network
2023	Alex Rand Memorial Scholarship - Scholarship for outstanding dedication and research to sports medicine
2022	American Osteopathic Association of Orthopedics Foundation Research Grant - 1 st Place Grant Winner
2022	American Osteopathic Association of Orthopedics - Best Overall Resident Research Paper
2022	Orthopedic Summit Emerging Techniques Resident/Fellow Research Award - 1 st Place, Best Overall Research and Presentation
2022	Arthroscopic Resident Travel Scholarship Recipient - Naples, FL
2017	Osteopathic Distinction Award, American Osteopathic Academy of Orthopedics, Chicago, IL Recognized and demonstrated the four tenets of osteopathy in original research

LEADERSHIP

3/2026-Present	ROON - Orthopedic Community: Founding Member
2024-2025	Chief Resident- Inspira Orthopedic Residency
2023-2024	Clinical Competency Committee (CCC) - Inspira Orthopedic Residency - Resident Member
2022-Present	Resident Member: Journal of Orthopedic Experience and Innovation (JOEI)
2015-2019	IRB Lead Orthopedic Coordinator: Our Lady of Lourdes / Virtua , Burlington NJ Oversee new and ongoing orthopedic research through local and central IRB's

2017-2018	Orthopedic Club , Stratford NJ <i>President</i> Organized events and lead journal club reviews Communicated organization goals and expectations to club members Lead and represent the club at community health fairs
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2025-Present	Pittsburgh Pirates (MLB) - Medical Staff
2025-Present	USA Mens Rugby Team - Medical Staff
2025-Present	Pittsburgh Riverhounds Soccer Club - Medical Staff
2025-Present	Peters High School Football - Medical Staff

2016-2019	Lourdes Medical Associates, Burlington NJ <i>Research Coordinator</i> Complete the IRB documentation for multiple research studies. Collect, analyze and record data for research studies. Edit manuscripts for pending publications.
2017-2019	Rowan University School of Osteopathic Medicine, Stratford NJ <i>Teaching Assistant</i> Tutored first- and second-year medical students in histology and anatomy as well as assist them in labs. Prepare and teach anatomy lectures to students.
2013-2016	Strive Physical Therapy and Sports Rehabilitation, Sewell NJ <i>Lead Physical Therapy Aide</i> Assisted patients with use of exercise equipment through instruction and education. Demonstrated exercises and strengthening techniques following the physical therapist's protocol. Monitored patient progress and response to treatment and reported outcomes to physical therapist.

JOURNAL PUBLICATIONS

1. Marra R, McMillan S, Ford E. The influence of swing mechanics on batted ball exit velocity in Major League Baseball. *Baseball Research Journal*. 2026;55(1):88-91.
2. McMillan S, Ramsey S, Truong B, Pontes M, Yoo C (2026) Understanding Resiliency in NRMP Match Applicants Pursuing Orthopaedic Surgery Residency. *J Orthop Res Ther* 11: 1413. <https://doi.org/10.29011/2575-8241.001413>
3. Masterson N, Chauhan R, Ford E, Frey S, Konen T, Pontes M, McMillan S. 2026. "Can the Use of Augmented Reality Telecommunication Glasses Improve Orthopedic Surgery Residents' Efficiency in Performing Arthroscopic Shoulder Portal Placements? A Cadaveric Model Simulation." *Journal of Orthopaedic Experience & Innovation*, January. <https://doi.org/10.60118/001c.144927>.
4. McMillan S, Blanca A, Favorito P, et al. Risk of Cutibacterium acnes in Patients Undergoing Arthroscopic Rotator Cuff Repair Secondary to Unshaved Body Hair Within the Surgical Field. *Cureus* 17(11): e96741. DOI 10.7759/cureus.96741
5. Shah KP, Gelatt T, Damaraju K, Elias J, Shah S, Ford E, McMillan S. Bridge enhanced ACL repair (BEAR) versus bone–patellar tendon–bone ACL reconstruction among young athletes: a systematic review and meta-analysis. *J Orthop*. 2026;73:30-41. doi:10.1016/j.jor.2025.12.008
6. Elias J, Kaplan M, Bickford M, Oliver T, Shah K, Ford E, et al. Superior long-term stability and function associated with femoral cortical button versus interference screw fixation in ACL reconstruction: a systematic review and meta-analysis. *J Exp rthop*. 2025; 12:e70439. <https://doi.org/10.1002/jeo2.70439>
7. Mc Millan S, Murray J, Ford E. One-Year Clinical Outcomes Following Anterior Cruciate Ligament Reconstruction Augmented with a Reinforced Bioinductive Implant. *Surg Technol Int*. 2025 Jun 20;45:sti45/1888. Epub ahead of print. PMID: 40541261.
8. Anthony S, Kantrowitz DE, Darden CN, DiCiurcio WT, Ford E, Tiao J, McMillan S. Preoperative MRI Underestimates ACL Stump Length and Misclassifies Tear Location in 49% of Cases. *J. Orthop. Reports*. 2025, 100689, ISSN 2773-157X, <https://doi.org/10.1016/j.jorep.2025.100689>.
9. McMillan S, Putra J, Patel S, et al. Histological Analysis of Bridge-Enhanced ACL Restoration (BEAR) Tissue in Ligament Retears. *Orthopaedic Journal of Sports Medicine*. 2025;13(4). doi:10.1177/23259671251331046
10. Elias J, Ford E, McMillan S. 4-Strand Hamstring vs Single-Bundle Quadriceps Tendon Grafts in Anterior Cruciate Ligament Reconstruction at 2 Years: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *J Exp Orthop*. 2025. DOI: 10.1002/jeo2.70244

11. Bridges TN, Lazaro JS, Clancy D, Ford E, Pontes M, McMillan S. Disparity Between Perceived and Actual Opioid Prescriptions by Orthopaedic Surgeons After Total Joint Arthroplasty. *J Am Acad Orthop Surg Glob Res Rev.* 2025 Feb 3;9(2):e24.00152. doi: 10.5435/JAAOSGlobal-D-24-00152. PMID: 39899747; PMCID: PMC11793258.
12. Ford E, Pontes M, Chayes D, McMillan S. Arthroscopic Partial Meniscectomy Using a Needle Arthroscope for Visualization Resulted in Greater Retention of Postoperative Quadriceps Muscle Strength Compared to Traditional Arthroscope. *Surg Technol Int.* 2024 Nov 18;45:sti45/1830. Epub ahead of print. PMID: 39556710.
13. McMillan S, Ford E, Bishai SK. Favorable Early Patient-Reported Outcome Measures and Clinical Retear Rates in High-Risk Rotator Cuff Repairs Augmented with a Reinforced Bio-Inductive Implant at One-Year Follow Up. *Surg Technol Int.* 2024 Oct 16;45:sti45/1819. Epub ahead of print. PMID: 39413362.
14. Schultz M, Ford E, Wetzler M, Mc Millan S. Medial Patellofemoral Ligament Repair Augmented With Reinforced Bioinductive Implant Using Double-Bundle Patella Docking Technique. *Arthrosc. Tech.* 2024. DOI: <https://doi.org/10.1016/j.eats.2024.103228>
15. Mc Millan S, Sherman S, Brown ZR, Brewer E, Ford E. Medial Patellofemoral Ligament Augmented With a Reinforced Bioinductive Implant Is Biomechanically Similar to the Native Medial Patellofemoral Ligament at Time Zero in a Cadaveric Model. *Arthrosc Sports Med Rehabil.* 2024 Jul 14;6(5):100975. doi: 10.1016/j.asmr.2024.100975. PMID: 39534041; PMCID: PMC11551335.
16. Anatomical Description and Technical Considerations of the Portal of Willingboro for All-Arthroscopic Biceps Tenodesis. *Arthrosc. Tech.* 2024. DOI: <https://doi.org/10.1016/j.eats.2024.103022>
17. Ford E, Frank R, Pontes M, McMillan S. Improved Network Integrity and Patient Follow-up After In-Office Needle Arthroscopy Compared to Outpatient Advanced Diagnostic Imaging for Intra-articular Pathology. *Arthrosc Sports Med Rehabil.* 2024 Feb 1;6(2):100895. doi: 10.1016/j.asmr.2024.100895. PMID: 38379598; PMCID: PMC10878786.
18. Wetzler A, McMillan S, Brewer EC, Patel A, Handy S, Wetzler M. No Difference in Pullout Strength Between a Bio-inductive Implant and a Semitendinosus Tendon Graft in a Biomechanical Study of Medial Patellofemoral Ligament Repair Augmentation. *Arthrosc Sports Med Rehabil.* 2024 Feb; 6(1): 100827. doi.org/10.1016/j.asmr.2023.100827. ISSN 2666-061X

19. Mc Millan S, Ford EA, Lau, V. Arthroscopic Hip Labral Repair Using Needle Arthroscopic Visualization. *Arthros. Tech.* 2024 Jan; 13(1): 102819. doi.org/10.1016/j.eats.2023.08.024.
20. Ast M, Kuyul EV, Devine D, Ford E, Albana M, Mayman D, Blevins J, Chalmers B, McMillan S. The Use of Plant- Based Polysaccharide (PSP) Agents May Improve Early Outcomes Following Total Knee Arthroplasty-A Proof-of- Concept Study. *Surg Technol Int.* 2023 Nov 16;43:sti43/1733. Epub ahead of print. PMID: 37972548.
21. Popper H R, Szukics P F, Feldman J, Ford, E, et al. (December 17, 2023) Trends in Anterior Cruciate Ligament Injury and Recovery in Professional Snowboarders: The Extreme Sport of Snowboardcross. *Cureus* 15(12): e50683. doi:10.7759/cureus.50683
22. Meade M, Fliegel B, Szukics P, Ford E, Pontes M, McMillan S. Patients With Low Resilience Scores Have Significantly Worse Postoperative Outcomes After Anterior Cruciate Ligament Reconstruction Than Patients With Normal or High Resilience Scores. *Arthrosc Sports Med Rehabil.* 2023;5(3):e679-e685. Published 2023 May 8. Doi:10.1016/j.asmr.2023.03.009
23. Szukics, P, Ford E., Fliegel B, Baker W, McMillan S. Optimizing Outcomes in Shoulder Arthroplasty: Mitigating Surgical Complications in High-Risk Patients – Case Report. *Journal of Orthopaedic Experience & Innovation*, February 2023.
24. Fliegel BE, DeBernardis D, Ford E, Favorito P, McMillan S. Biologic graft augmentation for glenoid bone loss in conversion of failed anatomic to reverse shoulder arthroplasty: a systematic review. *JSES Rev Rep Tech.* 2022;3(1):44-48. Published 2022 Nov 4. doi:10.1016/j.xrrt.2022.10.005
25. McCahon, J., Szukics, P., Baker, W., Ford, E., McMillan, S. Is Post-less Hip Arthroscopy Here to Stay?. *Medical Research Archives*, 2022; 10(10). doi:10.18103/mra.v10i10.3234
26. McMillan S, Ford EA, Sigman S, Surgical Repair and Augmentation of a Large Type-2 Re-Tear of the Rotator Cuff with a Novel Biocomposite Scaffold: A Case Report. *Journal of Orthopaedic Experience & Innovation*, October 2022.
27. McMillan S, Sigman S, Dougherty C, Ford EA. For Your Consideration: Bridge Enhanced ACL Restoration (BEAR): Why, How, and When. *Journal of Orthopaedic Experience & Innovation*, September 2022.
28. Santoro AJ, Ford EA, Pontes M, Busconi BD, McMillan S. Patient-Specific E-mailed Discharge Instructions Improve Patient Satisfaction and Patient Understanding After Surgical Arthroscopy. *Arthrosc Sports Med Rehabil.* 2022 Jun 11;4(4):e1315-e1322. doi: 10.1016/j.asmr.2022.04.013. PMID: 36033182; PMCID: PMC9402426.

29. McMillan, S, Arciero, R, Ford, E. 2021. "The Next Frontier for Rotator Cuff Augmentation? Strength + Bio-Induction." *Journal of Orthopaedic Experience & Innovation*, October, 2021.
30. Mc Millan S, Ford E, Favorito P. Glenoid reconstruction with autologous humeral head for glenoid dysplasia in reverse shoulder arthroplasty. *JSES Rev Rep Tech*. 2021;1(2):135-140. Published 2021 Jan 28. doi:10.1016/j.xrrt.2020.12.002
31. Mc Millan S, Fliegel B, Stark M, Ford E, Pontes M, Markowitz M. Recurrent Instability after Arthroscopic Glenoid Labral Repair with a Minimum of Three Points of Fixation: Do the Number of Anchors or Fixation Points Correlate to Outcomes? *Surg Technol Int*. 2021 May 20;38:433-439. doi: 10.52198/21.STI.38.OS1411. PMID: 33724436.
32. Millan SM, Thorn D, Ford E. A Novel Approach to Augmenting Allograft Hamstring Anterior Cruciate Ligament Reconstructions Utilizing a Resorbable Type I Collagen Matrix with Platelet Rich Plasma. *Case Rep Orthop*. 2021;2021:5574676. Published 2021 Mar 10. doi:10.1155/2021/5574676.
33. McMillan S, Dwyer T, Amin NH, Ford E. The Evolution of Cryoneurolysis for the Treatment of Shoulder, Hip, and Knee Pain: Where Are We Now and Where Will We Go? A Systematic Review. *Surg Technol Int*. 2020 Nov 28;37:361-366. PMID: 33152794.
34. DeBernardis D, Stark M, Ford E, McDowell C, McMillan S. Percutaneous Skeletal Fixation of Painful Subchondral Bone Marrow Edema of the Knee. *Arthrosc Sports Med Rehabil*. 2020 Oct 5;2(5):e583-e590. doi: 10.1016/j.asmr.2020.07.006. PMID: 33134998; PMCID: PMC7588638.
35. Park AJ, Liu J, Sethi P, McMillan S, Ford E, Shepard MF, Amin NH. Identification of the Sensory Dependent Locations of the Shoulder Joint to Optimize Surgical Approaches and Reduce Postoperative Pain: A Systematic Review *Surg Technol Int*. 2020 Oct 19;37 PMID: 33080040.
36. Stark M, DeBernardis D, McDowell C, Ford E, McMillan S. Percutaneous Skeletal Fixation of Painful Subchondral Bone Marrow Edema Utilizing an Injectable, Synthetic, Biocompatible Hyaluronic Acid-Based Bone Graft Substitute. *Arthrosc Tech*. 2020;9(11):e1645-e1650. Published 2020 Oct 22. doi:10.1016/j.eats.2020.07.005
37. Mc Millan S, Faoao DO, Ford E. Treatment of an Insertional High Grade Partial Patellar Tendon Tear Utilizing a Bio-Inductive Implant. *Arch Bone Jt Surg*. 2019;7(2):203-208.
38. DeFrance M, Ford E, McMillan S. Arthroscopic Medial Meniscal Transplant Using Multiple Fixation Techniques. *Arthrosc Tech*. 2019 Sep 12;8(9):e1025-e1029. doi: 10.1016/j.eats.2019.05.014. PMID: 31737479; PMCID: PMC6848961.

39. McMillan S, Chhabra A, Hassebrock JD, Ford E, Amin NH. Risks and Complications Associated With Intra-articular Arthroscopy of the Knee and Shoulder in an Office Setting. *Orthop J Sports Med.* 2019 Sep 27;7(9):2325967119869846. doi: 10.1177/2325967119869846. PMID: 31632993; PMCID: PMC6767734.
40. Ford E, Saini S, Szukics P, Assiamah AA, McMillan S. Patient-Reported Outcomes After Arthroscopic Shoulder Surgery With Interscalene Brachial Plexus Nerve Block Using Liposomal Bupivacaine: A Prospective Observational Study. *Surg Technol Int.* 2019 Nov 10;35:319-322. PMID: 31211849.
41. Mc Millan S., Stenson J., Ford E. A Case of Anterior Cruciate Ligament Insufficiency. *Irish Medical Times.* 52(17), 42. September 2018. <https://search-proquest-com.proxy1.lib.tju.edu/docview/2115129971?accountid=34241>
42. McMillan S, Schwartz M, Jennings B, Faucett S, Owens T, Ford E. In-Office Diagnostic Needle Arthroscopy: Understanding the Potential Value for the US Healthcare System. *Am J Orthop (Belle Mead NJ).* 2017 Sep/Oct;46(5):252-256. PMID: 29099885.
43. McMillan S, Saini S, Alyea E, Ford E. Office-Based Needle Arthroscopy: A Standardized Diagnostic Approach to the Knee. *Arthrosc Tech.* 2017 Jul 24;6(4):e1119-e1124. doi: 10.1016/j.eats.2017.03.031. PMID: 29354406; PMCID: PMC5621831.
44. Mc Millan S., Ford E. In Office Diagnostic Needle Arthroscopy. *American Journal of Orthopedics:* May 2017; 46(3): 158-9.
45. McMillan S, Ford E. Management of Rotator Cuff Defects After Calcific Tendinopathy Debridement Using a Bioinductive Collagen Implant. *Arthrosc Tech.* 2016 Dec 5;5(6):e1373-e1379. doi: 10.1016/j.eats.2016.08.013. PMID: 28560137; PMCID: PMC5439104.
46. Kreines A, McMillan S, Ford E, Dingle A. Reverse Total Shoulder Arthroplasty for the Treatment of Synovial Chondromatosis: A Case Report and Review of the Literature. *Arch Bone Jt Surg.* 2017 Mar;5(2):117-120. PMID: 28497103; PMCID: PMC5410744.
47. McMillan S, Giang E, Ford E. Case Report: Delayed Surgical Reconstruction with an Achilles Tendon Allograft for Triceps Tendon Rupture: Technique and Results. *MOJ Orthop Rheumatol.* 2015 3(6): 00115. DOI: [10.15406/mojor.2015.03.00115](https://doi.org/10.15406/mojor.2015.03.00115)

BOOK CHAPTERS

1. Master Techniques in Orthopaedic Surgery: The Hip, 3rd edition
 - Daniel Berry and William Maloney (EDITORS)
 - 1. Arthroscopy for Nonstructural Hip Problems (Chapter 6)
Mc Millan S; Mc Carthy J; Ford E. 2015

PRESENTATIONS

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|------|--|
| 2026 | Principles of Anatomic and Reverse Shoulder Arthroplasty <ul style="list-style-type: none">· Allegheny Health Network Grand Rounds· Pittsburgh, PA |
| 2026 | Resiliency and Matching into Orthopedics: What you can do to help your application <ul style="list-style-type: none">· Duquesne University School of Osteopathic Medicine· Invited Professor Lecture Series |
| 2026 | Osteochondral Allograft Augmented with Micronized Cartilage for the Treatment of Full Thickness Cartilage Defects: A Minimum 2-Year Follow-Up <ul style="list-style-type: none">· Allegheny Health Network Research Day· Pittsburgh, PA |
| 2026 | Hot Topics in Rotator Cuff Repair Augmentation <ul style="list-style-type: none">· Allegheny Health Network Grand Rounds· Pittsburgh, PA |
| 2025 | The Role of Lateral Extra-articular Tenodesis in ACL Reconstruction <ul style="list-style-type: none">· Allegheny Health Network Grand Rounds· Pittsburgh, PA |
| 2025 | Principles of Knee Osteotomy In Knee Malalignment <ul style="list-style-type: none">· Allegheny Health Network Sports Conference· Pittsburgh, PA |
| 2024 | Management of High-Risk Rotator Cuff Injuries using a Biocomposite Scaffold <ul style="list-style-type: none">· AOA Fall Meeting· Boston, MA· Resident Travel Scholarship |
| 2024 | Arthroscopic Assisted Lower Trapezius Tendon Transfer with Achilles Graft for Massive Rotator Cuff Tears <ul style="list-style-type: none">· Sports Grand Rounds- Inspira Orthopedic Residency· Mullica Hill, NJ |
| 2024 | Histological Analysis of Bridge Enhanced ACL Restoration Procedure Re-Tears <ul style="list-style-type: none">· New Jersey Orthopedic Society (NJOS) |

- Galloway, NJ
- 2023 Biomechanical Comparison of Augmented MPFL Repair vs. Native MPFL and Reconstruction
 - Orthopedic Summit Evolving Technologies (OSET)
 - Boston, MA
- 2022 Patients with Low Resilience Scores Have Significantly Worse Post-Operative Outcomes after Anterior Cruciate Ligament Reconstruction than Patients with Normal or High Resilience Scores
 - Orthopedic Summit Evolving Technologies
 - Boston, MA
 - *Overall Program Best Paper Winner*
- 2022 A Single-Blinded Randomized-Control Trial Comparing Polysaccharide Hemostatic Powder in TKA
 - Eastern Orthopaedic Association (EOA)
 - Atlantic City, NJ
- 2021 Recurrent Instability After Arthroscopic Glenoid Labral Repair with a Minimum of 3 Points of Fixation: Do the Number of Anchors or Fixation Points Correlate to Outcomes?
 - Orthopedic Summit Evolving Technologies (OSET)
 - Las Vegas, NV
- 2020 Biologic Graft Augmentation for Glenoid Bone Loss in Conversion of Failed Anatomic to Reverse Shoulder Arthroplasty
 - Orthopaedic Summit Evolving Technologies (OSET)
 - Virtual (COVID)
- 2019 Patient-Reported Outcomes After Arthroscopic Shoulder Surgery With Interscalene Brachial Plexus Nerve Block Using Liposomal Bupivacaine: A Prospective Observational Study
 - American Osteopathic Academy of Orthopedics (AOAO)
 - Colorado Springs, CO
- 2018 Meniscal Transplant Utilizing a Novel Multi-Fixation Technique
 - American Osteopathic Academy of Orthopedics (AOAO)
 - Atlanta, GA
- 2017 Management of Calcific Tendinopathy of the Rotator Cuff using a Bio-Inductive Implant
 - Orthopaedic Summit Evolving Techniques (OSET)
 - Las Vegas, NV
- 2016 Treatment of High Grade Rotator Cuff Injuries via a Novel Technique of Fixation
 - Orthopedic Summit Evolving Techniques (OSET)
 - Las Vegas, NV

POSTER PRESENTATIONS

- 2024 Histological Analysis of Bridge Enhanced ACL Restoration Procedure Re-Tears
- Orthopedic Summit Evolving Techniques (OSET)
- Las Vegas, NV
- 2023 Biologic Graft Augmentation for Glenoid Bone Loss in Conversion of Failed Anatomic to Reverse Shoulder Arthroplasty: A Systematic Review
- Shoulder 360
- Miami, FL
- 2023 Minimum 1 year Outcomes of High-Risk Rotator Cuff Repairs with Bio-composite Scaffold Augmentation
- Shoulder 360
- Miami, FL
- 2022 Comparison of Risk Associated with Aerobic and Anaerobic Bacteria Growth in Shaved vs Unshaved Shoulders
- AOA Fall Meeting
- Chicago, IL
- 2020 Percutaneous Skeletal Fixation of Painful Bone Marrow Lesions: 2 Year Intervention Rates
- ePoster presented at the American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting Online Gallery 2020
- 2019 Liposomal Bupivacaine for Interscalene Nerve Blocks for Post-Operative Pain Control in Shoulder Arthroscopy
- AOA Fall Meeting
- Colorado Springs, CO
- 2018 All-Arthroscopic Medial Meniscal Transplant: A Novel Technique Utilizing Multi- Fixation
- AOA Fall Meeting
- Atlanta, GA
- 2018 Management of Calcific Tendinopathy of the Rotator Cuff using a Bio-Inductive Implant.
- Rowan-SOM Research Day
- Stratford, NJ.

PROFESSIONAL AFFILIATIONS

American Osteopathic Association

American Osteopathic Academy of Orthopedics

HOBBIES

Running, Hiking, Exercise, Reading, and Adventures with my Golden Retrievers Miles and Maverick